



Petersgate Post: 14th November 2025

Attendance and Punctuality for 3rd to 14th November

Whole School Attendance = **96.13%**

(National Average = 95.2%)

Best Attendance: **Dormouse class = 98.33%**

Best Timekeepers: **Deer class (on time everyday!!)**



Health & Well Being

Crafting is a really fun activity, especially if its rainy, to do with your child to help calm them or explore their emotions. It allows the children to explore their vocabulary, promotes imagination, boosts their creative thinking and problem-solving skills and helps to develop their resilience. If you want a fun crafting activity to do, follow the [link](#) to make a scrap person.



PoPS



The PoPS AGM took place before half term, we discussed plans and fundraising for the coming year. There are a lot of exciting things coming up, so please try and support the team, as a lot of money is raised for the children.

As part of the fundraising, we will be focusing on reading books, as well as, the usual foci for fundraising i.e SCARF, music lessons etc. Like last year, year groups have a small budget to enrich the learning. They will post on Seesaw what has been purchased. To carry on with our focus of reading, as part of our fundraising, classes will enhance their book corners to as part of that year group budget.

Farewells

It is with sadness that Mrs Wright (ELSA & Well-being and Life Skills Lead) and Mrs Driscoll (LSA) both left last week.

Mrs Wright and Mrs Driscoll are both taking on new & exciting opportunities.

They will be sadly missed by all the children and the Petersgate Team. We would like to take this opportunity to thank Mrs Wright and Mrs Driscoll for their hard work and dedication.

As a school community, I am sure you will join me in wishing them both good luck for the future.



Mrs Mitchell's 'Message of the Week'

Welcome back to you all! Half term feels like a while ago now and a lot has happened since we have started back. The nativity songs are already being practiced and I can hear the beautiful sounds of the children singing as I go around the classes each day.

Thank you to all the parents, families and children who donated to the Royal British Legion by buying a poppy. The money raised goes to help this worthy cause and we will let you know when we have been informed of the total raised. The children all took part in the Remembrance Assembly on the 11th November and also showed their respect through the 2 minute silence at 11am. It was a pleasure to welcome some of the residents from Whitehaven, as well as, children from the pre-school as part of this service. It was a very special service, with generations coming together to mark such an important occasion.





Safeguarding

As a reminder, please can I ask that children, including siblings are dismounting from their bikes and scooters as they come on to school site. They need to walk their bike/scooter around school site. This is for the safety of all of us.

Please can I ask, that unless you have gained permission from school, that you refrain from using the school drive during school drop off/collection.

Thank you

Amazon Wish Lists

We have created wish lists for different year groups.

Year 2 are in the process of compiling theirs.

If you would like to purchase anything on the wish lists, you can do so directly using the links below.

These are also on the homepage of our website near the bottom of the page and have been shared on Seesaw.

Year R — [Wish List 1](#) and [Wish List 2](#)

or copy and paste these links into your web browser
<https://amzn.eu/9odv8Qp> and <https://amzn.eu/8fpLhk3>

Year 1 — [Wish List](#)

or copy and paste this link into your web browser
<https://amzn.eu/cUKFkrX>

Thank you!

Health and Wellbeing

For more details follow the website: [CLICK HERE](#)



Autumn wellbeing calendar

#autumnwellbeing

Improve your health and wellbeing this autumn with our 28-day journey of gardening and nature-based activities. For more information and activity guides visit www.thrive.org.uk/autumn

MON	TUE	WED	THU	FRI	SAT	SUN
1 Share a photo of a tree with changing colours (5 mins)	2 Reflect on this years' spring and summer (10 mins)	3 Make a hedgehog house (20 mins)	4 Search for sweet chestnuts and conkers* (10 mins)	5 Go for a walk and notice changing colours* (15 mins)	6 Autumn treasure hunt (20 mins)	7 Sow sweet peas (15 mins)
8 Wildlife bingo (15 mins)	9 Collect seeds to store (10 mins)	10 Go for a walk and notice autumn smells (15 mins)	11 Plant tulips in pots or in a border (15 mins)	12 Leaf mould part 1 (collect leaves) (10 mins)	13 Leaf mould part 2 (create mould) (15 mins)	14 Build a bug hotel (20 mins)
15 Go for a walk and notice autumn sounds (15 mins)	16 Make some 'ephemeral' nature art* (15 mins)	17 Go stargazing* (10 mins)	18 Kick through some autumn leaves* (5 mins)	19 Press some leaves or flowers (15 mins)	20 Sow broad beans (15 mins)	21 Make a bird feeder (15 mins)
22 Create leaf art part 1 (collect leaves) (5 mins)	23 Autumn flower arranging (15 mins)	24 Create leaf art part 2 (create art) (15 mins)	25 Buy or plant something to live in your home (15 mins)	26 Grow from hardwood cuttings (15 mins)	27 Make a festive wreath* (15 mins)	28 Revisit your tree from day 1 and take another photo (5 mins)

Children in Need

We appreciate it is the run up to Christmas and there are a lot of events coming up. But thank you for your donations for Children in Need. This is another worthy cause supporting children in the UK and abroad. The total amount raised will be shared in due course.

I have been blown away by your generosity!



WOW Challenge

Whether you walk, scoot, ride, 'Park and Stride' your child can earn badges each month.

We want to promote walking/scooting, cycling or park and stride at least once a week. Even if you can only manage to park a little further away, then walk into school, we can count that as a park and stride and log that on our travel tracker.

Thank you to all those who have taken part, the children have received their badges to September and October.

WOW Challenge update

Well done to Year 1 and Year 2 classes for promoting active travel and thank you to the Wow Ambassadors for supporting the children in completing the travel tracker each day.

Well done to Otter class for the highest active engagement since the Wow Challenge started.

All classes in Year 1 and Year 2 have over 60% of engagement in the challenge, well done!

Squirrels and Dormouse are now taking part in the WOW Challenge, with badges being given out to all classes at the end of November for all those who have taken part



Anti-Bullying Week

'The Power for Good'

Our assembly theme and learning in SCARF this week is linked to theme for Anti-Bullying - 'Power for Good'. We discussed and shared what bullying is and what bullying is not. We also explored how it would make people feel and reflected on using our SCARF values, especially caring and friendship when supporting our friends. We touched on how remember to share with adults, both in school and at home, if they feel that someone they know is being bullied. We explored who they could talk to at home or at school, if they feel they are being bullied or if someone they know is/may be. We want to empower children to speak out.

Please share the importance of speaking out by watching this link together: [CLICK HERE](#)

As per every year, we shared the brand new 'Odd Socks' song by Andy and the Odd Socks, which you can share at home by following this link: Odd Socks Day [CLICK HERE](#)





What is new in the **myHappymind** parent app?

Thank you to all those who have signed up for the free parent app and I hope this helps you in supporting your child at home. Information of how to do this was in the letter but there are posters around school with the QR code and sign code to access the app. Please can we ask that this code is not shared with anyone else. The resources and materials will be on display during our parent consultation evenings coming up. The app QR code will be available to sign up then too.

If you would like to sign up for the app

Please [click here](#) or copy and paste this link into your web browser.

myHappymind Places is designed to help children understand their emotions and strategies to feel safe, happy and calm. There are three key Places to help children identify how they are feeling:

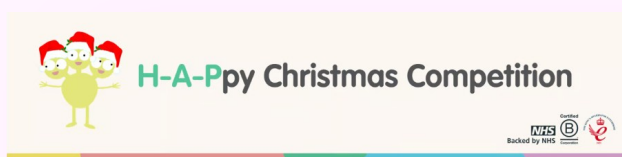
- The Happy Place: Where your child feels safe, happy and calm.
- The Middle Place: Where your child might visit in between their Happy and Busy Places. They might feel a mixture of emotions.
- The Busy Place: Where your child might feel overwhelmed with big emotions.



Mini Masterclasses

Laura Earnshaw, the founder of **myHappymind**, has created a series of Mini **myHappymind** Masterclasses. These sessions are designed to help you navigate some of the scenarios that we know often arise at school and at home. They are short videos (around 5 minutes each) to hopefully give you some practical strategies and reassurance.

The sessions cover themes such as Separation Anxiety, Emotionally Based School Avoidance, Building Self-Esteem, and Managing Big Emotions. New to this area of the app are sessions on Trauma-Informed Practice and Sleep. [CLICK HERE](#)



As the festive season approaches, we have a very exciting competition for you to enter and an even more exciting prize up for grabs!

As part of our mission to celebrate the positive impact of **myHappymind** on children and families, we're inviting you to **share a short quote and picture** for the chance to win a limited edition prize for your child's school.

Your child's school could **win a set of 7 limited edition Breaktime Buddy vests**, perfect for children to wear on the playground as they support their peers' wellbeing outside the classroom.

How to enter:

Step 1: Share a short quote (just a few sentences) telling us:

*"How has **myHappymind** impacted your child and family?"*

Step 2 (optional for bonus points): send a picture or video that captures a moment of joy, connection, or well-being related to **myHappymind** in your home to hello@myhappy mind.org.

For example, a picture or video of your family using the **myHappymind** Parent App resources.

Please use the following subject line: **"H-A-Ppy Christmas Competition!"** and include the name and postcode of your child's school.

***By submitting your entry or sending any photos/videos, you are consenting to the sharing of your content on myHappymind social media platforms.**