



Petersgate Post: 26th September 2025

Mrs Mitchell's 'Message of the Week'

Life here at Petersgate has certainly been busy and I cannot believe we are reaching the end of September. I want to say a special well done to all of the new Year R children who have now started full-time and it feels like they have always been with us. They have settled in well and are all enjoying their learning in Dormouse and Squirrel Class. I am now trying my best to get to know all of their names! Thank you to all of the staff who have worked closely with the parents/families and pre-schools during this transition period to ensure all children felt ready for school.

As we move into October, we are all busy learning the Harvest songs ready for our Harvest assembly in school. This is an in-school event with the local Reverend leading the assembly

Harvest—food donations

If you would like to donate food for our Harvest assembly, we will be supporting the Clanfield and Horndean Foodbank.

Please bring any donations into class **from Monday 6th October** and all donations need to be in school by **Wednesday 15th October** latest.

Please see page 3 for more information



Attendance and Punctuality for 15th to 26th September

Whole School Attendance = **96.89%**
(National Average = 95.5%)

Best Attendance: **Deer class = 98.83%**

Best Timekeepers: **Dormouse, Fox & Hedgehog classes (on time everyday!!)**

POPS AGM

22ND OCTOBER

FROM 6PM AT THE SCHOOL

WE NEED YOU!

Please join the PoPS team.

Whether its on the committee, planning and organising or just volunteering time at events, every bit helps. Everyone is welcome. Come along to the AGM or contact: popstogether@outlook.com to find out more.

Find us on Facebook





Safeguarding

Contact details

As part of our safeguarding procedures, we require up to date information regarding contact details. We require more than one contact information for all children. Please can we ask you to keep your details on Arbor up to date, especially telephone numbers, so we can reach you. We may need to call if your child is unwell or has hurt themselves. We have made a number of phone calls this term and we have been unable to reach parents as contact details have been incorrect.

Emergency Evacuation Procedures

During the academic year, we will continue to practise a range of emergency evacuation procedures i.e fire evacuation procedure. This is to enable the children to know and understand how to evacuate the school building in the event of an emergency. Following each practise, the school reviews and adapts any procedures to ensure they are as effective as possible.

During this academic year, we will be practising a lockdown procedure. The school will be following guidance around this. This is nothing to worry about, but enables the school and children to be as prepared as possible for any emergency. More details regarding this procedure will be shared with parents in advance, so you will know what to expect. At this time, we will also share with the children, in a child-friendly way what to expect.

Smartphone free child hood

Following our newsletter in July, schools across the Havant and Waterlooville area are joining forces to address this important issue around smartphone use and the impact on mental health. We will keep you updated with information and parent workshops coming up this term.



WOW Challenge

Whether you walk, scooter, ride, 'Park and Stride' your child can earn badges each month. We want to promote walking/scooting, cycling or park and stride at least once a week. Even if you can only manage to park a little further away, then walk into school, we can count that as a park and stride and log that on our travel tracker.





Horndean & Clanfield Foodbank

Thank you for your support of the Foodbank through your Harvest Festival donations this year. We are grateful to receive tins and packets of produce with a long shelf life. The images below give some ideas of items which would be useful to us:



Cereals, long life milk, spreads



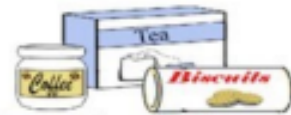
Pasta and sauces



Chilli con carne, curry meatballs, hotdogs, pies, ham, steak, fish



Vegetables, tomatoes, peas, carrots, sweet corn



Tea, small jars of coffee biscuits

No fresh produce or short dates please!



Tinned potatoes, instant mash easy cook rice, rice pouches



Fruit, custard, rice



Soups, noodles, snack pots



Beans, hoops, macaroni cheese.



Toiletries

Horndean and Clanfield Foodbank provides a short-term, free, emergency food supply for local individuals and families in difficult situations. Our parcels provide enough nutritious basic ingredients to create several meals. The Foodbank is stocked by the generosity of people from the local area.

Horndean Foodbank is coordinated by Horndean Baptist Church in partnership with Horndean Churches Together. We serve and work in partnership with people of all faiths and of none.

Find out more:

Tel: 07914 504715

www.facebook.com/HorndeanandClanfieldFoodbank

www.horndeanbaptistchurch.org.uk/Groups/421289/Foodbank.aspx



We are really proud to be part of the **myHappymind** family.

As a school, we have been gifted an opportunity to deliver a whole school programme to build positive mental health and well-being. This programme is endorsed by the NHS and is a fully funded programme.

myHappymind helps children to understand how their brain works and creates a culture that helps to build resilience, confidence, and self-esteem. **myHappymind** also teaches the children how to self-regulate and manage their emotions in stressful times, allowing them to be their very best selves!

We have already launched the programme with the children and parents/carers and families were invited to the physical launch. Further information was sent out to all families which included a letter outlining key information, parent presentation and link for a short video.

Thank you to all those who have signed up for the free parent app and I hope this helps you in supporting your child at home. Information of how to do this was in the letter but there are posters around school with the QR code and sign code to access the app. Please can we ask that this code is not shared with anyone else. The resources and materials will be on display during our parent consultation evenings coming up. The app QR code will be available to sign up then too.

We have also developed a section on our school website for parents/carers for mental health and well-being which signposts you to resources to help you at home.

Please [click here](#) or copy and paste this link into your web browser.

www.petersgateinfantschool.co.uk/parents/mental-health-and-well-being-for-parents



What is new in the myHappymind parent app?

myHappymind Places is designed to help children understand their emotions and strategies to feel safe, happy and calm. There are three key Places to help children identify how they are feeling:

- The Happy Place: Where your child feels safe, happy and calm.
- The Middle Place: Where your child might visit in between their Happy and Busy Places. They might feel a mixture of emotions.
- The Busy Place: Where your child might feel overwhelmed with big emotions.

Mini Masterclasses

Laura Earnshaw, the founder of myHappymind, has created a series of Mini myHappymind Masterclasses. These sessions are designed to help you navigate some of the scenarios that we know often arise at school and at home. They are short videos (around 5 minutes each) to hopefully give you some practical strategies and reassurance.

The sessions cover themes such as Separation Anxiety, Emotionally Based School Avoidance, Building Self-Esteem, and Managing Big Emotions. New to this area of the app are sessions on Trauma-Informed Practice and Sleep.



Walktober 2025 - Pupil Competition

Whether you and your child regularly walk, wheel, cycle, scoot, Park and Stride or take public/school transport - or you're planning to give it a try - by sharing the story of their journey, your child can enter the pupil competition and help support our school's entry too.

How it works:

- To enter the 'My Walktober Journey' pupil competition, your child should create a report about an active or sustainable journey. They will receive a pupil instruction sheet with information and ideas to include in their report.
- Journey reports could be a written account, poem or rap, voice recording, video, presentation, drawing, map, collage or any other creative idea they'd like to share. If you need a bit of inspiration, visit myjourneyhampshire.com/walktober to see some examples.
- If happy to, journey reports can be handed to a teacher or sent to the school office. We will share these alongside staff stories to help inspire others to swap a car journey for a more active, sustainable one.
- We would also love to hear from any parents and carers who have their own active journey stories to share. Perhaps you walk to school and then catch a bus to work or use a cargo bike for the weekly shop. Your experience could encourage others to give it a go.
- Once complete, visit myjourneyhampshire.com/walktober for competition entry details and the full terms and conditions. The competition closes on **Friday 7th November 2025** and winners will be notified by the end of term.
- If you need any assistance entering the competition, please ask if we have a Walktober pupil competition collection point available.

#Walktober

Please do share your fun-filled Walktober activities with us by tagging #Walktober.



For the latest active travel news, like and follow



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@myjourneyhampshire

myjourneyhampshire.com/walktober

myjourneyhampshire.com/walktober



Funded by
UK Government

Hampshire
County Council

Let's get moving this Walktober!



Get moving for our wellbeing, our community and our planet

Parent and Carer Information

Travelling actively and sustainably can help make a change for our wellbeing, our community and our planet.

Our school is taking part in International Walk to School Month by joining the Walktober challenge run by the My Journey Team at Hampshire County Council.

We would like as many pupils, families and staff as possible to get involved by walking, wheeling, cycling, scooting, using Park and Stride, or taking public transport throughout October.

There are competitions for pupils and our school to enter for a chance to win some fantastic prizes. Both competitions are fully funded by the UK Government.



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