



## Petersgate Post: 27th June 2025



### PoPS Summer Festival—Sunday 6th July

As the summer term is underway, we're busy finalising plans for one of the most exciting events of the school year – the Petersgate Infant School Summer Festival on Sunday 6th July. This is not only a fun-filled day for our children, but a vital fundraiser that directly benefits every pupil at our school. However, at the moment we are facing a real challenge. We currently have a small number of volunteers signed up to help run the festival. Sadly, without more hands-on deck, we will be unable to go ahead with the event.

This would be a huge loss for the children – the funds raised from the summer fair support the resources, equipment and opportunities, as outlined in Mrs Mitchell's most recent communication. These facilities and opportunities truly enrich the children's school experience – but they simply wouldn't be possible without PTA fundraising and your support.



If you can spare even an hour of your time on the day, or help with setup/pack down, it will make a huge difference. Teachers and staff from the school are also signed up to help. Many hands make light work – and many helpers make a festival possible!

Please email us at [popstogether@outlook.com](mailto:popstogether@outlook.com) if you can help.

Let's come together to make this a fantastic event for the children – they really do deserve it.

### Attendance and Punctuality for 16th to 27th June

Whole School Attendance = **96.2%**

(National Average = 93.3%)

Best Attendance: **Deer class = 97.2%**

Best Timekeepers: **Squirrel class (on time everyday!!)**



### Mrs Mitchell's 'Message of the Week'

This time of year is always really busy with many events to prepare for and the normal end of year busyness. Please can I ask that in your communication with school staff (in person, via email or on the phone) that you are courteous and respectful, in the same sense, I expect the staff to be to you all.

Attendance and punctuality at this time of year always tends to slip. Please can you ensure that your child is in school and on time. We will be continuing learning until the end of term and it is important that the children continue to be in school.

### Class lists for 2025-2026

As you all must appreciate organising classes for the next academic year comes with it's challenges. We only have so many classes to separate/organise your child/ren into. We also have to take into consideration the child's voice – the friends they have chosen (we never promise they will have all 3 but, at least 1 of the 3 they have chosen). But we also have to take into a number of other factors to ensure the classes are as balanced as possible. This includes a balance of special educational needs, a balance of boys/girls, a balance of other need and other factors the school are aware of. Please remember that the staff work really hard and class lists take weeks to prepare and finalise. I urge you all to carefully consider any response you may have before responding to the classes from Monday.

Thank you

### Transition Week

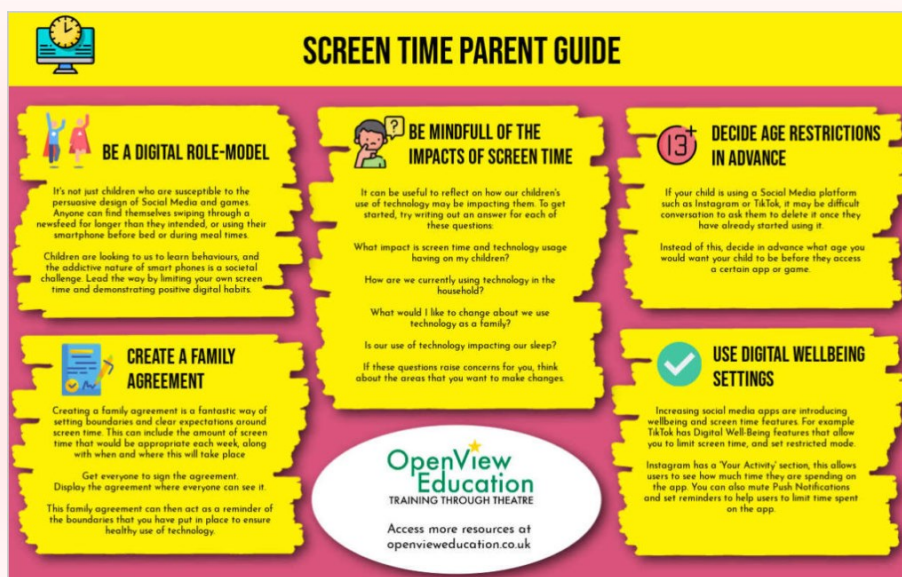
The children will spend time in their new classroom with their new teacher each morning next week.

The staff have planned a really great week and we have tried to stay within the routine as much as possible. So, the children will have phonics, reading, writing and maths, as well as challenges in Yr 1 and 2.

We truly appreciate that, whilst some children will be excited and looking forward to their next step, some will be a little nervous or anxious. This is only natural. During the afternoon, they will be back in class, with their current teacher, where they can talk about how they are feeling and what they may be looking forward to.

Letters will go home on Monday 30th June at the end of the day of your child's class and teacher.

## Safeguarding



**SCREEN TIME PARENT GUIDE**

**BE A DIGITAL ROLE-MODEL**

It's not just children who are susceptible to the persuasive design of Social Media and games. Anyone can find themselves swiping through a feed for longer than they intended, or using their smartphone before bed or during meal times.

Children are looking to us to learn behaviours, and the addictive nature of smart phones is a societal challenge. Lead the way by limiting your own screen time and demonstrating positive digital habits.

**BE MINDFUL OF THE IMPACTS OF SCREEN TIME**

It can be useful to reflect on how our children's use of technology may be impacting them. To get started, try writing out an answer for each of these questions:

- What impact is screen time and technology usage having on my children?
- How are we currently using technology in the household?
- What would I like to change about we use technology as a family?
- Is our use of technology impacting our sleep?

If these questions raise concerns for you, think about the areas that you want to make changes.

**DECIDE AGE RESTRICTIONS IN ADVANCE**

If your child is using a Social Media platform such as Instagram or TikTok, it may be difficult conversation to ask them to delete it once they have already started using it.

Instead of this, decide in advance what age you would want your child to be before they access a certain app or game.

**CREATE A FAMILY AGREEMENT**

Creating a family agreement is a fantastic way of setting boundaries and clear expectations around screen time. This can include the amount of screen time that would be appropriate each week, along with when and where this will take place.

Get everyone to sign the agreement. Display the agreement where everyone can see it.

This family agreement can then act as a reminder of the boundaries that you have put in place to ensure healthy use of technology.

**USE DIGITAL WELLBEING SETTINGS**

Increasing social media apps are introducing wellbeing and screen time features. For example TikTok has Digital Well-Being features that allow you to limit screen time, and set restricted mode.

Instagram has a 'Your Activity' section, this allows users to see how much time they are spending on the app. You can also mute Push Notifications and set reminders to help users to limit time spent on the app.

**OpenView Education**  
TRAINING THROUGH THEATRE  
Access more resources at [openvieweducation.co.uk](http://openvieweducation.co.uk)

## Health & Wellbeing Tips—support for transition week

### Yoga

Yoga at home can be a fun and beneficial way to improve your child's health and wellbeing. Yoga can enhance physical fitness, like strength and flexibility, while also promoting mental wellbeing through relaxation and focus. Simple poses, breathing exercises, and guided meditations can be easily incorporated into a daily routine.

[CLICK HERE](#) or copy and paste this link into your web browser [www.youtube.com/user/CosmicKidsYoga](https://www.youtube.com/user/CosmicKidsYoga)



**Cosmic Kids Magic Worry Box**

**What you will need:**

- 1 empty tissue box
- Paint/pens for decorating
- Scissors (for cutting like 'square' and 'circle')
- Scissors (for cutting like 'square' and 'circle')

**How to make it:**

- Step 1: Wrap your box with the fun paper.
- Step 2: Decorate your box however you want!
- Step 3: Make sure there is a hole in the box somewhere so you can put your worries inside.

**Tip!**

You could make it look like a monster by adding googly eyes, teeth & pom-poms! Then it's like the monster eats your worries when you put them inside.

### Make a Magical Worry Box – A hands-on crafting activity to manage worries in a physical way

When they are in our minds, worries can be difficult to articulate and manage. By physically writing down worries, a child can articulate them and give their brains a break from holding onto them.

This is a great crafting activity that can be done at home or in the classroom to improve mental health and wellbeing. It gives kids and pupils a physical space where they can put their worries, so that they can separate themselves from them.

### Tesco Stronger Starts program



**Exciting news!** We are pleased to have been chosen to receive funding from Tesco "Stronger Starts" initiative. We have applied for this funding for our outdoor space improvement. As you know we are redesigning and enhancing our outdoor learning environment, which will enable us to link aspects of the school curriculum with learning outdoors. We are competing against two other causes to receive up to £1,500 and we need your help to win! If you shop in Tesco or Tesco Express in Petersfield or Tesco Express in Liss you can support us by casting your vote in any of these stores; simply drop a blue token into our voting booth until 30<sup>th</sup> June and remember...**Every little helps!!**



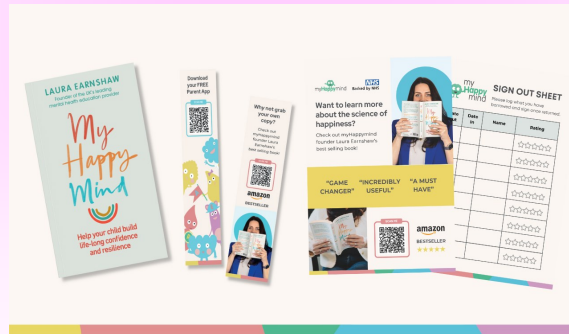
## myHappyMind Competition

To help boost parent engagement with myHappyMind Parent App, myHappyMind are running a competition for schools to win a fantastic prize to the school that demonstrates the highest levels of parent engagement using the myHappyMind Parent App. This prize will not only enhance our school's resources but also foster even greater parental involvement in supporting their children's education.

Simply scan the QR code to sign up, once you have created your account, you will receive an email with the next steps on downloading the app.

The competition runs from now until **Friday 11th July** so you have not already signed up here's how you can.

The winning school will receive a fully stocked Parent Lending Library containing myHappyMind books and bookmarks to support and inspire parents to learn more about myHappyMind. This library will be a fantastic addition to our school community and offer valuable support to parents.



We are really proud to be part of the **myHappyMind** family.

As a school, we have been gifted an opportunity to deliver a whole school programme to build positive mental health and well-being. This programme is endorsed by the NHS and is a fully funded programme.

**myHappyMind** helps children to understand how their brain works and creates a culture that helps to build resilience, confidence, and self-esteem. **myHappyMind** also teaches the children how to self-regulate and manage their emotions in stressful times, allowing them to be their very best selves!

We have already launched the programme with the children and parents/carers and families were invited to the physical launch. Further information was sent out to all families which included a letter outlining key information, parent presentation and link for a short video.

Thank you to all those who have signed up for the free parent app and I hope this helps you in supporting your child at home. Information of how to do this was in the letter but there are posters around school with the QR code and sign code to access the app. Please can we ask that this code is not shared with anyone else. The resources and materials will be on display during our parent consultation evenings coming up. The app QR code will be available to sign up then too.

We have also developed a section on our school website for parents/carers for mental health and well-being which signposts you to resources to help you at home.

Please [click here](https://www.petersgateinfantschool.co.uk/parents/mental-health-and-well-being-for-parents) or copy and paste this link into your web browser.

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