

YOUR SCHOOL MENU



Hampshire
County Council

Education Catering

APRIL – OCTOBER 2024

WEEK 1 MENU

WEEK STARTING

15 APR 6 MAY 3 JUN 24 JUN 15 JUL 9 SEP 30 SEP 21 OCT

MONDAY

CHOOSE FROM
Tomato pasta
Chicken fajita with a blend of brown and white rice
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Freshly baked chocolate shortbread biscuit

TUESDAY

CHOOSE FROM
Sweet potato and lentil curry with a blend brown and white rice
Pork sausages with mashed potato and gravy
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Fruit and jelly

WEDNESDAY

CHOOSE FROM
Handmade margherita pizza
Bubble salmon with crinkle cut wedges
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Banana cake

THURSDAY

CHOOSE FROM
Vegetable wellington
Sliced beef and Yorkshire pudding
ON THE SIDE
Roast potatoes, gravy and vegetables of the day
TO FINISH
Chocolate sponge cake

FRIDAY

CHOOSE FROM
Roasted vegetable lasagne
Baked omega 3 fillet fish fingers and chips
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Jam and coconut sponge cake



Vegetarian
 Vegan
 Plant Power

All menu items are subject to change, based upon availability and in the event of unforeseen circumstances.

WEEK 2 MENU

WEEK STARTING

22 APR 13 MAY 10 JUN 1 JUL 22 JUL 16 SEP 7 OCT

MEAT FREE MONDAY

CHOOSE FROM
Vegetarian sausage roll with mashed potato
Macaroni cheese with Somerset cheddar
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Freshly baked shortbread biscuit

TUESDAY

CHOOSE FROM
Somerset cheddar cheese and tomato quesadilla with diced potatoes
Chicken Katsu curry with a blend of brown and white rice
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Fresh fruit wedges

WEDNESDAY

CHOOSE FROM
Handmade margherita pizza
Ham carbonara with penne pasta
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Apple sponge cake

THURSDAY

CHOOSE FROM
Quorn and leek crown
Roast chicken and Yorkshire pudding
ON THE SIDE
Roast potatoes, gravy and vegetables of the day
TO FINISH
Marble sponge cake

FRIDAY

CHOOSE FROM
Plant-based burger in a bap with cheese and chips
Bake omega 3 fillet fish fingers and chips
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Chocolate brownie

FARM TO FORK
We support British farming and are committed to full traceability in every meal we serve. Scan to find out more about our suppliers.

FOLLOW OUR CONVERSATION
@hc3education
@hc3s6

WEEK 3 MENU

WEEK STARTING

29 APR 20 MAY 17 JUN 8 JUL 2 SEP 23 SEP 14 OCT

MONDAY

CHOOSE FROM
Somerset cheddar cheese, onion and potato pasty
Chicken nuggets with diced potatoes
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Freshly baked marble shortbread biscuit

TUESDAY

CHOOSE FROM
Plant-based sausage hotdog with diced potatoes
Chicken curry with a blend of brown and white rice
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Apple crumble

WEDNESDAY

CHOOSE FROM
Handmade margherita pizza
Beef bolognese pasta bake
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Chocolate banana cake

THURSDAY

CHOOSE FROM
Quorn pieces in a Yorkshire pudding
Sliced gammon and Yorkshire pudding
ON THE SIDE
Roast potatoes, gravy and vegetables of the day
TO FINISH
Lemon drizzle cake

FRIDAY

CHOOSE FROM
Somerset cheddar cheese and potato frittata
Bake omega 3 fillet fish fingers and chips
ON THE SIDE
Vegetables of the day or salad
TO FINISH
Flapjack

Scan to download
our calendar and picture menu resources.



APRIL 2024

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY 2024

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE 2024

Su	Mo	Tu	We	Th	Fr	Sa
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JULY 2024

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEPTEMBER 2024

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

OCTOBER 2024

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		