

## Early Years PSHE Long Term Planning 2020-21

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>All About Me</p> <p>My feelings</p> <p>My Special People</p>	<p>Being Resilient</p> <p>Similarities and Differences</p> <p>Keeping Safe</p>	<p>Listening to my Feelings</p> <p>Keeping Safe (cont)</p> <p>Keeping Safe (online)</p>	<p>Being Healthy -</p> <ul style="list-style-type: none"> <li>• Healthy Eating</li> <li>• Exercise</li> <li>• Sleep</li> </ul> <p>Growing Up</p>	<p>Being Kind and Caring -</p> <ul style="list-style-type: none"> <li>• At home</li> <li>• In the classroom</li> <li>• Our World and Environment</li> <li>• Looking after my Special People</li> </ul>	<p>Being Kind and Caring -</p> <ul style="list-style-type: none"> <li>• My friends</li> </ul> <p>Life Stages</p>

Petersgate also have an annual visit from the Coram Life Education Life Bus in the Summer term.